

# Guidelines for Participants

*Made for His Glory — A Recovery Journey*

[www.madeforhisglory.me](http://www.madeforhisglory.me)

**Safe and Structured Environment.** To maintain respect in the group, we will follow certain guidelines also used in twelve-step programs because respect, dignity, and free will are foundational principles of the group.

- As you share, focus on your own thoughts and feelings. You can tell a story that includes the behaviors of others while staying focused on yourself. Do not speak in generalities or preach to the group—be specific about yourself when you share.
- Each person is free to express his or her thoughts or feelings without interruptions. Therefore, there is no need to respond to anyone when they speak, except to thank them for sharing. We do not step into another's moment of truth when the Holy Spirit is revealing something. Avoid comforting another during class so that we do not interfere with their experience and revelation of truth.
- We are here to support one another, not "fix" one another. The Holy Spirit is the One doing all the fixing. Our job is simply to support each other's personal journey with their Creator while allowing the Holy Spirit to access our heart.
- Anonymity and confidentiality are basic requirements. If we find you are discussing anything outside the group, you will be asked to leave.
  - The only exception is when someone is in danger or harm, where steps must be taken to secure personal safety.
  - We only share another's testimony when they have shared it publicly.
- Avoid using foul language or extremely detailed descriptions of physical or emotional abuse or encounters so that you do not trigger others in the group.

*"You shall know the truth, and the truth shall make you free." — John 8:32*